



Erasmus+ KA1 Course

# **Child Sexual Abuse**

## **Protection of Children Against Sexual Exploitation and Sexual Abuse**



ErasmusLearn Training Center

[www.erasmuslearn.eu](http://www.erasmuslearn.eu)

Heraklion, Crete, Greece

Organisation ID: E10020547



# Summary

In order to disseminate and reinforce the implementation of the Council of Europe Treaty (Lanzarote Convention) for the protection of children against sexual exploitation and sexual abuse, the Council of Europe warns that “One in five children” will fall victim to sexual violence!

For the prevention of a particularly heinous phenomenon that has long-term consequences, which affect many aspects of the child’s life and psychosocial status, schools should develop a systematic approach that includes action at multiple levels: awareness of teachers, advisory, cooperation with parents, and students. To reach the detailed content of the seminar, we utilized all the Council of Europe’s information about the “One in Five” campaign, the relevant European legislation regarding the protection of children against sexual abuse, and preventive actions implemented at the European and international levels. Therefore, we can offer a well-structured program that can really help educators deal with this massive but delicate problem.



# Objectives

- Participants will:
  - Acquire new knowledge and skills to improve and promote the physical, mental, and social well-being of students, combined with the strengthening of their personality.
  - Adopt effective instructional techniques, interventions, and crisis management skills, in order to redefine the approach to sexual violence phenomena, assessing and improving the quality of their educational work.
  - Inform – activate the community, on the ways of interconnection with local agents for the phenomenon of sexual abuse, in order to equip children and their families with the knowledge and tools to address and report sexual violence.
  - recognize the signs of sexual abuse, the role of teachers, and how to help children in the prevention of the phenomenon and the revelation of the truth.



## Course Language

- English
- Note: Participants must have at least a CEFR level B2 knowledge of English in order to be able to participate actively.

## Target Groups

- Teachers working in kindergartens, primary schools, and secondary schools.

## Methods & Tools

- Lectures, exercises, discussions, teamwork, role-playing, and study visits.
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# Course Agenda

## Day 1

- Introductory meeting, explanation of practical arrangements.
- Presentation of timetable.
- Presentations of participating Organizations.
- Icebreakers, Introduction to the Course.

## Day 2

- Presentation of possible symptoms in children's behavior. Understanding of needs.
- Understanding of psychosocial problems in children's behavior who are victims of sexual violence at school and family level.
- Getting familiar with modern methods of prevention of the phenomenon of child sexual abuse.
- Getting familiar with implementing educational approaches that can be used with ease in everyday educational practice.

## Day 3

- Presentation of CoE campaign "One in Five" for sexual abuse of children.
- Methods for implementation of the "rule of lingerie" in schools.
- Cultural Activities: Guided tour to the Historical Center of Heraklion.
- Dinner in a traditional restaurant of the town.

## Day 4

- Presentation of the campaign "one in five" fairytale «Kiko and the hand».
- Activation - interconnection with local operators.
- Practice

## Day 5

- Adoption of effective educational techniques and intervention skills and management of crisis situations.
- Redefinition of the approach of sexual violence phenomenon.

## Day 6

- Description of characteristics of candidate actors.
- Information and sensitization of the local community. Use the correct media technology for prevention.

## Day 7

- Erasmus+ program : objectives, priorities, actions, forms, budget, tips for applicants.
- Planning follow up activities, dissemination and exploitation of learning outcomes.
- Course Evaluation.
- Certifications.



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