



Erasmus+ KA1 Course

Coaching in the Classroom



ErasmusLearn Training Center

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Summary

School coaching as a field can play a key role in the social-emotional learning of young people. The term “school coaching” or “coaching in education” has been used loosely with a generally accepted definition as yet to be agreed on. School coaching has been defined as a “one-to-one conversation focused on the enhancement of learning and development through increasing self-awareness and a sense of personal responsibility where the coach facilitates the self-directed learning of the coachee through questioning, active listening and appropriate challenge in a supportive and encouraging climate”.

Teacher coaching in schools takes various forms, but is commonly conceived as a means of providing personalized professional support to teachers through discussion about their practice. Coaching takes time to organise and facilitate within any organisation, and, as time is precious in all schools, it is important that coaching, where used, works to maximum effect.



Purpose

This course intends to contribute to school coaching. It aims to provide the trainees with the key skills of coaching and give them a clear insight and understanding into the dynamics that happen between people. Its main purpose is to create the pedagogy that delivers deep learning, fosters resilience and creates reflective and independent learners with the help of coaching in the classroom.

Objectives

- Learn how to establish active rapport and trust with a coachee.
- Adopt of active listening for meaning construction and goal attainment.
- Learn questioning for understanding and empathy.
- Discover ways for prompting action, reflection and learning.
- Learn ways for developing confidence of the coachee.
- Create a positive learning culture in the classroom.
- Establish a coaching pedagogy in the classroom.
- Build coaching into pedagogy to ensure impacton learning, progression and achievement.

Course Language

- English.
- Note: Participants must have at least a CEFR level B2 knowledge of English in order to be able to participate actively.

Target Groups

Lectures, brainstorming, concrete exercises, discussions, teamwork, role-playing games, case studies, group discussions and outdoor activities

Methods & Tools

Lectures, exercises, discussions, teamwork, role-playing, study visits.

Course Agenda

Day 1

- Introductory meeting, explanation of practical arrangements.
- Presentation of timetable.
- Presentations of participating Organizations.
- Icebreakers, Introduction to the Course.

Day 2

- Communication skills:
 - Developing skills to understand other People - Active Listening & Empathy.
 - Listening and questioning and developing a positive environment in the classroom.
 - Listening skills: Effective interpersonal skills.
- Emotional Intelligence at class
 - Self regulation.
 - Self motivation.
 - Social awareness.

Day 3

- Developing Emotional Intelligence.
- Developing skills to understand other people: active listening & empathy.
- Listening and questioning for developing a positive environment in the classroom.
- Creating and sustaining high-quality connections at school and at class:
 - Teacher as a coach: fostering pupils a sense of their own self-worth and self motivation.
 - Developing a deeper understanding of how resilient and authentic relationships could impact on learning outcomes and conflict management

Day 4

- Principles of coaching / School coaching framework.
- Change management in a school environment.
- Establishing a coaching pedagogy in the classroom: -Understanding teachers' and students' needs. - Awareness of strengths and obstacles. - Reflecting on developing resilience: Coping resources, Handling stressful events. -Mindfulness & Acceptance strategies. -Raising Positive Emotions.
- Introduction to VAK teaching- Theory of multiple intelligences.

Day 5

- Art, Symbols, Archetypes as a coaching tool.
- How to motivate students through their relationship with art.
- Feedback to the trainer about the effectiveness of the course & Self - reflection.

Day 6

- Erasmus+ program : objectives, priorities, actions, forms, budget, tips for applicants.
- Planning follow up activities, dissemination and exploitation of learning outcomes.
- Course Evaluation.
- Certifications.
- Excursion and other external cultural activities



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