ERASMUS+ KA1 · TEACHER TRAINING COURSE

Social Skills in the Diversity Era

7 Days • Heraklion, Crete • OID: E10020547

About the course

Educators work with very different learners: some build relationships easily, others are introverted, competitive or aggressive; some regulate their emotions well, others struggle. Social skills can, and should, be taught, helping students perform better, build a solid self-image, work in teams, manage emotions and conflicts and become more empathetic.

The course trains teachers to help students acquire social skills, starting with how to identify the skills that need to be addressed through observation, checklists, scales and other tools.

Course at a glance

Duration: 7 training days

Location: ErasmusLearn Training Center, Heraklion, Crete

Language: English (B1 or higher recommended)

Who it's for: Educators and youth workers

Level: Introductory, open to all

Certificate: Certificate of Attendance

Funding: Eligible for Erasmus+ KA1 (course fees)

OID: E10020547

What you will learn

- Gain insights into different aspects of social development
- Teach children's rights through experiential, participative learning
- Engage learners through a participative, inclusive and creative approach
- Promote diversity awareness
- Develop communication strategies that strengthen classroom relationships
- Learn conflict management and anti-bullying techniques
- Strengthen students' self-awareness and emotional intelligence

How you will learn

Social and game-based activities, examples of good practice, discussions and experience sharing, indoors and outdoors, including study visits.

Course language

English. B1 level or higher is recommended. Practical, hands-on activities make it easy for everyone to take part with confidence.

What's included

- Coffee Breaks that include traditional products.
- Guided tour of the Historical Center of the town.
- Dinner in a traditional restaurant in the town.
- Europass Mobility.
- A small gift with traditional Cretan products.
- Certificate of Attendance, for participants who attend at least 80% of the course.

Course Agenda

DAY 1 · Welcome & Orientation

- Welcome, practical arrangements and course timetable
- Presentation of participating organisations
- Icebreakers and introduction to the course

DAY 2 · Communication & Emotional Intelligence

- Understanding others: active listening and empathy
- Listening, questioning and a positive classroom environment
- Effective interpersonal skills
- Emotional intelligence: self-regulation, self-motivation, social awareness

DAY 3 · Emotions & Non-violent Communication

- Emotional intelligence in class: strategies and approaches
- Verbal and non-verbal communication: two-way listening
- Giraffe language: a school non-violent communication project
- Included: guided cultural tour of the historical centre of Heraklion
- Included: dinner at a traditional Cretan restaurant

DAY 4 · Study Visit

- Study visit

DAY 5 · Self-esteem & a Democratic School

- Caring for yourself and others: tools for self-esteem and awareness
- Workshop: building a democratic school community based on children's rights

DAY 6 · Conflict Resolution & Anti-bullying

- The trainer as mediator in conflict resolution: a psychodramatic approach
- Case study: designing a preventive anti-bullying policy action plan

DAY 7 · Next Steps & Certification

- Erasmus+: objectives, priorities, actions, budget and tips for applicants
- Planning follow-up and dissemination of learning outcomes
- Course evaluation and certificates

ErasmusLearn

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Ready to join? Book your place at www.erasmuslearn.eu

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