

Course
Catalog

2019 - 2020

“Thinking about Thinking: Developing Metacognitive skills in Teaching”

Erasmus+ KA1 Course

Erasmuslearn Training Center

www.erasmuslearn.eu

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Summary

Metacognition is one of the latest psychological buzzwords which enables us to be successful learners, problem solvers, and decision makers, and has often been used synonymously with words such as language, awareness, and consciousness. Metacognition refers to "cognition about cognition", "thinking about thinking", or "knowing about knowing" and higher order thinking skills. In this course, we will examine various components of metacognition, including its role in learning and memory. During the workshop the participants will practise in experienced techniques and main aim is the active participation, utilization of knowledge and experiences and the development of critical thinking and creativity.

Objectives

- ✓ develop an awareness of what is meant by the term 'metacognition'
- ✓ think about how metacognition can be further developed in the classroom
- ✓ recognise the links between metacognition and effective learning
- ✓ become familiar with strategies for helping students regulate, monitor, and guide their learning

Agenda

Day 1 <ul style="list-style-type: none">✓ Introductory meeting, explanation of practical arrangements, presentation of timetable, information about course venue.✓ Icebreakers, Introduction to the Course✓ Definition and components of Metacognition✓ Relation between Metacognition and Cognition
Day 2 <ul style="list-style-type: none">✓ Metacognitive knowledge✓ Conscious vs. Automatic Metacognitive Processes
Day 3 <ul style="list-style-type: none">✓ General vs. Domain-Specificity of Metacognition✓ Developmental Processes in Metacognition✓ Group activities & Problem Solving exercises
Day 4

- ✓ Strategies for Deeping Metacognitive Skills
- ✓ Connection between Emotions, Motivation and Learning
- ✓ Group activities & Problem Solving exercises

Day 5

- ✓ Teaching Learning Strategies at Teaching
- ✓ Developing a “classroom culture grounded in metacognition”
- ✓ Workshops

Day 6

- ✓ Study Visits

Day 7

- ✓ Putting metacognition into practice
- ✓ Planning follow up activities, dissemination and implementation of learning outcomes.
- ✓ Workshops Course Evaluation
- ✓ Certifications

Methods

Lectures, exercises, discussions, teamwork, role-playing, study visits

Target groups

Teachers (pre-school, primary, secondary, vocational, adult, special needs), teacher trainers, careers officers, educational guides and counsellors, headteachers / principals / managers of schools / organisations offering adult education, professionals and managers.