

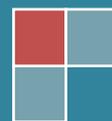
**Course  
Catalog  
2020-2021**

# Coaching in the Classroom

Creating the pedagogy that  
delivers deep learning, fosters  
resilience and creates reflective  
and independent learners.

Erasmus+ KA1 Course

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## ✓ **Summary**

School coaching as a field and as a process can play a key role in the social-emotional learning of young people. The term 'school coaching' or 'coaching in education' has been used loosely with a generally accepted definition as yet to be agreed on. School coaching has been defined as a "one-to-one conversation focused on the enhancement of learning and development through increasing self-awareness and a sense of personal responsibility where the coach facilitates the self-directed learning of the coachee through questioning, active listening and appropriate challenge in a supportive and encouraging climate".

Teacher coaching in schools takes various forms, but is commonly conceived as a means of providing personalized professional support to teachers through discussion about their practice. Coaching takes time to organise and facilitate within any organisation, and as time is precious in all schools it is important that coaching, where used, works to maximum effect.

## ✓ **Purpose**

This course intends to contribute to school coaching. It aims to provide the trainees with the key skills of coaching and give them a clear insight and understanding into the dynamics that happen between people. Its main purpose is to create the pedagogy that delivers deep learning, fosters resilience and creates reflective and independent learners with the help of coaching in the classroom.

## ✓ **Objectives**

- ✓ Learning how to establish active rapport and trust with a coachee
- ✓ Adoption of active listening for meaning construction and goal attainment
- ✓ Learning questioning for understanding and empathy
- ✓ Discovering ways for prompting action, reflection and learning
- ✓ Learning ways for developing confidence of the coachee
- ✓ Creating a positive learning culture in the classroom
- ✓ Establishing a coaching pedagogy in the classroom
- ✓ Building coaching into pedagogy to ensure impact on learning, progression and achievement

## ✓ **Target Groups**

Teachers: primary, secondary, vocational, adult, special needs; Teacher trainers; Head teachers; Principals; Managers of schools.

## ✓ **Methods & Tools**

Lectures, brainstorming, concrete exercises, discussions, teamwork, role-playing games, case studies, group discussions and outdoor activities

## ✓ **Agenda**

<b>Day 1</b>	<ul style="list-style-type: none"><li>✓ Introductory meeting, explanation of practical arrangements, presentation of timetable</li><li>✓ Information about course venue</li><li>✓ Ice-breaking activities</li><li>✓ Introduction to School coaching</li></ul>
<b>Day 2</b>	<ul style="list-style-type: none"><li>✓ Expectations &amp; personal learning goals</li><li>✓ Input on communication process and team building values</li><li>✓ Input on strengths based and appreciative coaching</li><li>✓ Creating and sustaining high-quality connections at school and at class</li></ul>
<b>Day 3</b>	<ul style="list-style-type: none"><li>✓ Emotional Intelligence at class</li><li>✓ Developing skills to understand other People - Active Listening &amp; Empathy</li><li>✓ Focusing on the coaching skills specifically listening and questioning and how developing these skills for both the teacher and the pupil unleash a positive learning culture in the classroom</li></ul>
<b>Day 4</b>	<ul style="list-style-type: none"><li>✓ Awareness of strengths and obstacles</li><li>✓ Change management &amp; taking action</li><li>✓ Mindfulness &amp; Acceptance</li><li>✓ Positive Emotions</li><li>✓ Establishing a coaching pedagogy in the classroom - the positive coaching ethos that motivates and inspires pupils to achieve</li></ul>

<p><b>Day 5</b></p>	<ul style="list-style-type: none"> <li>✓ Coaching and resilience - fostering for pupils a sense of their own self-worth and how developing a deeper understanding of how they learn can have positive benefits that deepen understanding and raise aspiration</li> <li>✓ Building coaching into pedagogy to ensure impact on learning, progression and achievement.</li> </ul>
<p><b>Day 6</b></p>	<ul style="list-style-type: none"> <li>✓ Creating a coaching classroom some practical tips and ideas</li> <li>✓ Reflecting on specific classroom situations and weaving coaching solutions that will ensure positive actions are taken, learning takes place and the self-esteem of pupils is raised</li> <li>✓ Time to practise coaching in triads using a coaching model to decide on</li> <li>✓ next steps in developing a coaching culture in the classroom</li> </ul>
<p><b>Day 7</b></p>	<ul style="list-style-type: none"> <li>✓ Erasmus+ program : objectives, priorities, actions, forms, budget, tips for applicants</li> <li>✓ Planning follow up activities, dissemination and exploitation of learning outcomes</li> <li>✓ Course Evaluation</li> <li>✓ Certifications</li> <li>✓ Discussing possibilities for future cooperation among participants</li> </ul>